

Dear [name of friend or family member],

I am writing to let you know that I need a kidney transplant.

The doctors told me that the best kind of transplant is from a living donor.

They said that I should let my friends and family know about my situation because you never know who might want to donate.

I didn't know much about kidney donation, but a local doctor made a website ([www.transplantinfo.com](http://www.transplantinfo.com)) and I got some good information from there.

If you or anyone you know would be interested in being a donor, contact the ECMC transplant center at [nhaseley@ecmc.edu](mailto:nhaseley@ecmc.edu) or 716-898-6283. There's no obligation to donate and your call will be kept confidential.

With a living donor, the transplant can happen quickly and give me the best option to live a longer healthier life.

A living donor could be a family member, a friend, or even a stranger who wants to help out.

Feel free to give me a call or write me if you have any questions.

Sincerely,

[Your Name]